

# Leading with INCLUSION



In trying times or situations of high pressure, it can be difficult to think outside of yourself. But those can be situations where inclusive leadership makes all the difference to a successful outcome. Challenging your biases, seeking out diverse perspectives, and focusing on people will build you as a leader and enable your team to collaborate in all the right ways and continue to strengthen Our United Culture.



Tools

## [Facilitating Inclusive Meetings](#)

*Time: 20 mins*

We tend to bring our blind spots with us to meetings, keeping us from achieving goals, high performance, and innovation.



Tools

## [How to Be Inclusive in a Virtual Team](#)

*Time: 20 mins*

As many of us transition to a virtual team, it is important for us to check and challenge our blind spots so they don't get in the way.



Article

## [How Bad Times Bring Out the Best in People](#)

*Time: 5 mins*

Time and again, individuals and communities have demonstrated that the worst situations tend to bring out the best in people and organizations.



Article

## [The Contagion We Can Control](#)

*Time: 5 mins*

Stemming negative emotional contagion—and making positive emotions more infectious—will make us feel more prepared and in control during frightening times.



Tools

## [Develop Your Inclusive Leadership Shadow](#)

*Time: 20 mins*

Take a moment to reflect on your leadership shadow and consider how you can become a more inclusive leader.



Article

## [Focus on Trust: Successful Leadership In Times of Crisis](#)

*Time: 5 mins*

What distinguishes a great leader is how she responds in times of crisis.



Tools

## [Assume Positive Intent Discussion Guide](#)

*Time: 20 mins*

Relationships are more important than ever during difficult times. Here's a way to make the most of a relationship despite the pressure.



Tools

## [The Mood Elevator Discussion Guide](#)

*Time: 20 mins*

To live our value of compassion, it's helpful to recognize another person's state of mind and see things from their perspective.