

# Working at Home WITH KIDS



We love our families. Keeping them safe and protected is our priority — especially during uncertain situations like these. But how do you keep moving forward with the important work we do for our members and the health care system when school has been canceled or moved online? How do you manage working at home and being a parent at the same time?



Resources

## Bright Horizons Family Resources

Bright Horizons, a UnitedHealth Group partner, has been offering high-quality education and care for more than 30 years. These free resources are available to all employees:

- [World at Home](#) — New educator-designed activities that bring the Bright Horizons curriculum from the classroom to the living room to help you engage with your children. [Family webinars](#) are also available to help you manage in this new norm (**note:** register to get access to a recording of any webinar that's already occurred).
- [Life at Home](#) — Tips/support to help you and your children stay healthy and ensure you strike the right balance with work, school and caregiving.



Article

## [How to Work from Home When You Have Kids](#)

A firm routine and getting your kids on board with the plan can go a long way in home office productivity.



Article

## [Homeschooling Kids and Working From Home](#)

Take some tips from a homeschooling-while-working-from-home pro.



Article

## [7 Tips for Working From Home With Kids When Coronavirus Has Shut Everything Down](#)

When both work and school move into the home, things can get tricky—but not impossible.



Article

## [WFH With Kids: 5 Action Steps for Leaders, Managers, and Employees](#)

In times of transition, it takes flexibility and creativity to meet the needs of both the employees and the organization.



Article

## [How Working Parents Can Prepare for Coronavirus Closures](#)

Here are some thoughts on working with your boss as a parent during these times of uncertainty.



Resources

## [Free Resources and Subscriptions for Remote Learning and Home Schooling](#)

Keeping your kids occupied in useful ways is part of the challenge. Here are some resources to help.



Resources

## [School Closure Learning Guide During Coronavirus](#)

Did your student's school provide resources to keep their brain active in the coming weeks? If not, give these a try.

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